



Awakening the Heart of Community

A day retreat for LGBTQI people.

August 21, 2010
9 am—5 pm

To love and be loved is every human's deepest need. Come. Take time to explore loving yourself. Make space to discover our communities' capacity to connect and heal together. Our current experiences and shared history of oppression and persecution have both wounded and strengthened our capacity to love freely. This day brings together gay men, lesbians, bisexuals, transgendered, transsexuals, intersex and queer people. Drawing on Shalom Mountain's Principles & Skills of Loving, we will enter a depth process that opens us to our individual and community potential. We need each other to move forward in pride and strength.

We invite you into discovery!

WHEN	9 am-5 pm, Saturday, August 21, 2010
WHERE	Sheraton Hartford Hotel, 100 East River Drive, East Hartford, CT 06108
FEE	\$135 (includes refreshments) <u>due by August 10th</u> Checks payable to: Elliott Strick, MA, LMFT 2446 Albany Avenue, West Hartford, CT 06117 You may also pay via paypal to: estrick@elliottstrick.com
CONTACT	Elliott 860-231-8459 or via email above

Barbara Brown, MTS, BSc (Clinical Member OSP) is a psychotherapist, craniosacral practitioner and author. Working in mental health and wellness for over 20 years, her practice focuses on body-centered integrative healing with specialties in trauma, sexual and creative expression, and spirituality. Widely published, Barbara wrote documentaries for CBC national radio and authored *My Breasts, My Choice: Journeys Through Surgery* (Sumach Press, 2003), a book and exhibit exploring experiences of breast and chest surgery through photography and storytelling.



Elliott Strick, MA, LMFT is a psychotherapist in West Hartford, CT in private practice for the past 15 years. He works with individuals, couples and families, has led workshops and groups and his expertise includes childhood trauma, LGBT issues, anger, ACOA, HIV and mental health and wellness issues particular to men. Elliott has been on his own personal journey of discovery and healing for over 20 years, experiencing, studying and practicing body-centered and expressive therapies, most recently at Shalom Mountain Retreat Center (www.shalommountain.com) and also with John Lee (www.peertraining.org). "My path now is to help others find what the universe has given me, the gift of self-discovery, acceptance and love . . . and so the journey continues."

